



Creating Extraordinary Outcomes in the Workplace

The Empowerment Dynamic* Two Day Workshop

with Ms. Daryl Wood, Certified TED* Coach/Practitioner,
Certified Professional Co-Active Coach, Experienced Retreat Facilitator

Leadership starts with every person in the organization:

- Embracing their potential to contribute
 - Owning the power of their impact
- Sharing a common vision for outcomes

This experiential workshop demonstrates proven and effective tools to raise the level of awareness and relationship effectiveness in your workplace.

Through interactive sessions you and/or your team will:

- Discover where you are putting your focus and how to keep your attention on the outcomes you want; the outcomes that get everyone excited about the future
- Understand how your actions and communication can overcome barriers to connection and the benefits of giving everyone a voice
- Define specific steps, no matter how small, to keep you moving towards your goal and building momentum
- Learn a process and shared language to significantly impact productivity and create a strong foundation for future planning

TED *
*THE EMPOWERMENT DYNAMIC



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TED* Overview

The Empowerment Dynamic* (TED*) is an effective tool for giving every employee at any level in an organization, the skills necessary to relate to people, situations and changes with less drama. The uniqueness of this work is that it puts the power into the hands of each person to be aware of how they are contributing to the function or dysfunction in the workplace which ultimately impacts the delivery of products and services internally and externally.

TED* introduces the empowering roles of Creator, Coach and Challenger to counter the 'destructive' roles of Victim, Rescuer and Persecutor in the Dreaded Drama Triangle.

Using the Three Vital Questions -

1. Where are you placing your focus?
2. How are you relating to others?
3. What actions are you taking?

- individuals quickly see the benefit of shifting from a Problem Orientation to an Outcome Orientation.

When even one person engages with the power of TED*, the status quo changes. The more people on a team or in an organization that adopt the practice of pausing to look through a different lens, the results are extraordinary.

Reported results from using the Three Vital Questions in organizations include:

- Deeper listening to each other in one-on-one and team meetings;
- A method for individuals and teams to focus on what they want to create, rather than reacting to the problem of the day and complaining about what they don't want or like;
- An easy-to-use, yet profound structure that identifies team drama and, when it does appear, apply tools to work through and beyond the reactive thinking and patterns of relating;
- A common language for working together in more authentic and resourceful ways; and
- An increased spirit of creativity and conversations that matter.



Creating Extraordinary Outcomes in the Workplace

Training Overview

The primary training is designed to bring together small teams/groups (10 - 12) to learn the tools of TED* and apply them directly to workplace challenges.

Initially, an emphasis is placed on the existence of drama in everyday life, the triggers that each of us face, the frequency of reactionary habits and the release of judgment for how we might create or contribute to it.

Two full days are spent learning and experiencing both the DDT and TED* roles and how they impact the health, safety and function of the work environment.

Using interactive exercises, role playing, personal work sheets, and resource material, the workshop gives a deep understanding of both the Problem Orientation (focusing on what's not working) and the Outcome Orientation (focusing on what we really want).

Supported by a binder of background research information participants take away templates to guide them as they encounter drama both personally and professionally. Teams are encouraged to address real time problems with the TED* tools during the training.

The primary training includes a six week follow up One Day Session to bring all parties together for a review of progress and a three month follow up session to assess which strategies have worked and where additional training may be necessary.

Program Options includes One/One Coaching session with each team member between sessions.



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About Your Facilitator: Ms. Daryl Wood, CPCC

Daryl Wood is a Certified Life Coach, Certified TED* Practitioner and Experienced Retreat Facilitator. Her journey began in 1997 when she attended the Hoffman Quadrinity Process. The impact was so profound that she left her corporate company and in 2000 offered her first women's retreat. She developed a comprehensive program for women in mid-life who were looking for peace, joy and self-acceptance. Her clients came from around the world to pause, reflect and grow. Her retreats are currently on sabbatical as she fulfills other commitments.

Daryl qualified as a Certified Professional Co-Active Coach in 2005 and in 2009 completed the Co-Active Leadership Program with the international renowned Coaches Training Institute. Along the way she continued her studies with annual training and updating in coaching and consciousness work. She also began leading public workshops and custom events for private corporate clients. After three years of online and private learning, Daryl became Certified with The Empowerment Dynamic* (TED*) in 2015 and has integrated this into all areas of her work. She developed her Creating Extraordinary Outcomes in the Workplace training to answer her own call to play a role in creating work environments where people feel safe, heard, acknowledged and empowered.

Daryl has published several books to inspire others to live with integrity, authenticity and self-acceptance. She can usually be found in her home office in Tobermory, Ontario on the shores of Lake Huron coaching clients by phone and Skype or working from her satellite office in Sarnia, Ontario. Daryl travels to client locations to deliver TED* training in her humorous, relaxed, insightful style.

